

Delivery Method

Attendance event

- Classroom, access to suitable outside area

Duration

7 hours

Introduction

Ca First Aid Ltd have developed their Emergency First Aid at work with Forestry course with the help of key stakeholders in the industry to provide a course that is not only relevant and tailored to the industry but reflects the hazards and challenges that people may find when working in a Forestry environment.

Overview

The Emergency first aid with Forestry course that CA first Aid Ltd delivers adhere to the current Health and Safety executive and British recusation council guidance, The delivery of the course content has been adapted to reflect the forestry environment more than the traditional workplace and office environments found on standard first aid at work courses.

Who should attend

- Forestry Works Managers
- Contractors
- Sub-contractor
- Forestry Workers

Course Content

The course is continually reviewed and updated to reflect the current safety concerns within the industry to help inform attendees of current guidance produced from key stakeholders in the industry and guidance and best practice produced from the Forest Industry Safety Accord (FISA).

The Course follows the current guidance produced by the Health and Safety Executive and FLS Policy for First Aid at work for people working on their land.

Emergency First Aid at Work (EFAW) – Forestry Context

On completion of training, successful candidates will be able to:

1. Understand the responsibilities of a first aider in forestry and remote environments, including:
 - Preventing cross-infection in outdoor and resource-limited conditions.
 - Recording incidents accurately to meet HSE and industry compliance.
 - Using first aid equipment adapted for forestry and remote working.
2. Assess potentially hazardous situations and act safely, promptly, and effectively.
3. Administer first aid to a casualty who is unconscious (including seizures).
4. Deliver effective cardiopulmonary resuscitation (CPR), recognising the potential delays in ambulance response in remote areas.
5. Provide first aid to a casualty who is choking.
6. Manage wounds and control bleeding in challenging outdoor environments.
7. Treat casualties suffering from shock, with emphasis on prolonged casualty care.
8. Provide appropriate care for minor injuries common in forestry (cuts, grazes, bruises, burns, splinters).

First Aid at Work (FAW) – Forestry Focus

On completion of the FAW training (full or requalification), successful candidates will have demonstrated competence in all EFAW areas and will additionally be able to:

- Administer first aid for injuries to bones, muscles, and joints, including suspected spinal injuries often associated with forestry accidents.
- Treat chest injuries caused by crushing or impact incidents.
- Manage burns and scalds, including those from machinery or fuel-related accidents.
- Treat eye injuries caused by wood particles, tools, or chemicals.
- Manage sudden poisoning incidents, including pesticide or fuel exposure.
- Recognise and treat anaphylactic shock, particularly from insect stings common in forestry environments.

Candidates will also learn to recognise the presence of major illnesses such as heart attack, stroke, epilepsy, asthma, and diabetes, and to provide prompt and effective care until emergency medical support arrives.

Training Provider Standards

As a company we are an accredited Ofqual First Aid Training Provider through ITC First and through this accreditation we can offer the Ofqual regulated first aid training but feel our own course is much more relevant and tailored to the industry than standard first aid at work with a forestry offered by the awarding organisations. We have focused our own experience within the industry to adapt the course to offer advice and training that is often missed by the current awarding bodies that are constrained by their own trainer's experience. We are able to do this in line with the current health and safety executive guidance on first aid at work and tailoring course to suite the industry they are deliver within.

As part of our accreditation to deliver Ofqual qualifications we are audited both internally and externally twice a year to maintain a high level of professional and regulatory standards. Our trainers attend their own mountain rescue and ambulance service CPD events and as owner of CA First Aid Ltd Stewart Richardson is a member of the Scottish First Aid cluster where best practice standardisation and CPD events are regular parts of the cluster that held twice a year.



Stewart Richardson is a member of the Forestry Industry Safety Accords working group for site safety so has a direct link to the current and developing safety guidance and industry standards being developed throughout the FISA umbrella groups. This enables CA First Aid Ltd to adapt and update the content of our First Aid with Forestry courses to reflect UpToDate best practice and guidance within the industry.

Certification

Trainees will be issued with a record of training.

Training record will include the following information.

- Attendees name
- Date of attendance
- Name of trainer
- Accredited
 - [ITC Level 3 Award in Emergency First Aid at Work](#)
 - [ITC Certificate in Emergency First Aid at Work at SCQF Level 6](#)

Contact

<https://www.cafirstaid.co.uk/>